

Couples Survey

Are you passionately participating in a relationship you love, or are you just going through the motions? Would Couple's Coaching benefit you and your partner? The following questions will help you determine if you are ready for a whole new vista of relationship. There are no right answers, and no magic score. This is just a chance to think clearly about whether or not you are ready for change.

	Yes	No
1. Are you tired of saving your dreams for someday?	_____	_____
2. Do you ever wish you had more focus or direction in life?	_____	_____
3. Do you often wonder why satisfaction seems to elude you despite all the work you are doing?	_____	_____
4. Would you like to find that special relationship or rekindle the flames of your current one?	_____	_____
5. Do you feel that if you only had more time or more money (or both) then all your problems would be solved?	_____	_____
6. Do you find yourself talking to people and they just don't seem to listen or just don't seem to understand?	_____	_____
7. Do you wish you could find a good balance between work, family and fun?	_____	_____
8. Did you ever wonder what it takes to consistently produce success personally and professionally?	_____	_____
9. Are you brave enough to take a deep look at yourself if it will remove the obstacles that are stopping you?	_____	_____
10. Do you ever feel like you are "in this all alone" and that no one really understands what you are going through?	_____	_____
11. Do you have things running "pretty good" but desire something more and feel it's just out of reach?	_____	_____
12. Do you find that you are always tired and that nothing seems to inspire or excite you any more?	_____	_____
13. Have you ever wished for just a little more self-confidence, effectiveness or productivity in what you do?	_____	_____
14. Do you think that if you could just get someone who would be in the trenches with you, you could "make it happen"?	_____	_____