

Personal Survey

Are you living your life powerfully, or is your life running you? Is Individual Coaching right for you? These questions will help you determine if you are living a life you love, or settling for "going through the motions". There are no right answers, and no magic score. This is just a chance to think clearly about whether or not you are ready for change.

	Yes	No
1. Are you tired of saving your dreams for someday?	_____	_____
2. Do you ever wish you had more focus or direction in life?	_____	_____
3. Do you often wonder why satisfaction seems to elude you despite all the work you are doing?	_____	_____
4. Would you like to find that special relationship or rekindle the flames of your current one?	_____	_____
5. Do you feel that if you only had more time or more money (or both) then all your problems would be solved?	_____	_____
6. Do you find yourself talking to people and they just don't seem to listen or just don't seem to understand?	_____	_____
7. Do you wish you could find a good balance between work, family and fun?	_____	_____
8. Did you ever wonder what it takes to consistently produce success personally and professionally?	_____	_____
9. Are you brave enough to take a deep look at yourself if it will remove the obstacles that are stopping you?	_____	_____
10. Do you ever feel like you are "in this all alone" and that no one really understands what you are going through?	_____	_____
11. Do you have things running "pretty good" but desire something more and feel it's just out of reach?	_____	_____
12. Do you find that you are always tired and that nothing seems to inspire or excite you any more?	_____	_____
13. Have you ever wished for just a little more self-confidence, effectiveness or productivity in what you do?	_____	_____
14. Do you think that if you could just get someone who would be in the trenches with you, you could "make it happen"?	_____	_____